



SUNDAY 16 JULY

SATURDAY 15 JULY



W-LEAGUE



11.00AM, TARADALE PARK

ROUND 09



3.00PM, ALEX MOORE TURF

ROUND 13



CENTRAL LEAGUE



westondesign

**Mention North  
Wellington FC and  
save...**

**MITRE 10**

**CROFTON DOWNS**

Brendan, Warren and the rest of the Mitre 10 Crofton Downs team have come on board as sponsors for the 2023 season. Not only are they the principal sponsor for our Women's Premier side, but they are also getting behind all NWFC by offering an in-store promotion for all our members, their families, and friends.

Simply say "North FC" at checkout and you will save on a whole range of products. On top of that, Mitre 10 Crofton Downs will donate a percentage of sales back to the club.



# PRESIDENT'S WELCOME

**A very warm welcome is extended to all players and supporters at Alex Moore Park across the holiday weekend as well as the wider North Wellington FC family wherever you happen to be.**

Welcome to Whanganui Athletic and their supporters in a widely anticipated match that will have a strong bearing on how the Central League points table will eventually end up.

We wish James, Davor and our lads nothing but the best. The same can be said for Rachel and her team as they hit the road for their Sunday match up in Taradale.

Taradale have improved in recent weeks and have started to climb the table, but our girls will be buoyed by their recent win over Vic Uni. Go well Ladies.

We've got a lot of action happening around the grounds this weekend.

If you are playing at Alex Moore, the Waiora hub will be open for coffee on Saturday and Sunday mornings so please don't forget to make use of these fine facilities.

Have a lovely weekend everyone.

Best wishes.

Grant Stephen  
**North Wellington FC President**



# SPONSOR OF THE WEEK



NORTH WELLINGTON SPONSOR OF THE WEEK

## Michael Hinds Real Estate



Thank you for sponsoring our SAUSAGE SIZZLE at the Men's Central League game vs Whanganui - Saturday, 15th July - Kick-Off 3.00 pm at Alex Moore Turf



NORTH  
WELLINGTON FC



MANA  
COACH SERVICES

aiscorp  
ONESTOP IT

MITRE 10  
LIGHTING DOWN



Domino's



warehouse  
stationery

weston design

# SPONSOR OF THE WEEK



A born and bred local, Michael is well connected and knows Wellington city like the back of his hand. A genuine people person, Michael's greatest strengths lie in his ability to connect naturally with others, communicate effectively and read situations with ease.

Along with being a committed family man to his wife and children, Michael thrives in giving back to the community. He is often seen on the football fields around Wellington refereeing football matches. He's also an active member of the Wellington Rotary Club, North Wellington Football Club, and enjoys helping under privileged children learn to read.

If you would like to discuss buying or selling in Wellington, give Michael a call. He is ready to go to work for you today!

# COACH'S COMMENTS



**We'd like to extend a warm welcome to everyone for our Central League match day #13 vs Wanganui Athletic, Coach Matt Calvert and supporters.**

As both teams continue to battle week in and week out for points on the table, this matchup should prove to be more of that same fervour.

Our Norths boys have prepared well over the past two weeks given the Cup break in-between league fixtures, with the expectation now to come out firing from the start and give a strong performance from ourselves.

We appreciate all the support from the club, it's patrons, our junior teams and would like to extend best wishes to everyone from Norths competing this weekend.... Follow Us North!!

**North Wellington vs Whanganui Athletic  
Saturday 15 July, 3.00pm, Alex Moore Turf**



James Prosser  
Men's First Team Coach

**After a win against Vic Uni and a strong performance against Karori in the last 2 games the girls are excited to get on the pitch against Taradale away this weekend.**

Like us, Taradale have been improving week in and week out over the season and by no means should they be underestimated. We are looking to come back with 3 points and I strongly believe the girls will do this.

**Taradale AFC vs North Wellington  
Sunday 16 July, 11.00am, Taradale Park**



Rachel Finlay  
Women's First Team Coach



# ROUND 13 PREVIEW



## FIRST TEAM FIXTURE



VS



## NORTH WELLINGTON FC vs WHANGANUI ATHLETIC

Saturday 15th July, 3.00pm Kick Off, Alex Moore Park

### OTHER FIXTURES

### RESULTS



**WELLINGTON OLYMPIC  
VS PHOENIX RESERVES**

Friday 14th July, 3.45pm,  
Wakefield Park

-



**MIRAMAR RANGERS  
VS NAPIER CITY ROVERS**

Saturday 15th July, 2.30pm,  
David Farrington Park

-



**STOP OUT  
VS WATERSIDE KARORI**

Saturday 15th July, 2.30pm,  
Hutt Park

-



**WESTERN SUBURBS  
VS PETONE FC**

Sunday 16th July, 2.30pm,  
Endeavour Park

-

# ROUND 12 OVERVIEW



## FIRST TEAM RESULT



**5 - 1**

## OTHER RESULTS

	<b>0 - 7</b>		<b>WHANGANUI ATHLETIC VS WELLINGTON OLYMPIC</b>
	<b>4 - 2</b>		<b>STOP OUT VS MIRAMAR RANGERS</b>
	<b>1 - 3</b>		<b>PETONE FC VS PHOENIX RESERVES</b>
	<b>1 - 3</b>		<b>WESTERN SUBURBS VS NAPIER CITY ROVERS</b>

## LEAGUE TABLE

	P	W	D	L	GF	GA	GD	PTS
Wellington Olympic	12	10	1	1	53	16	37	31
Phoenix Reserves	12	10	0	2	33	15	18	30
Western Suburbs	12	7	3	2	33	20	13	24
Napier City Rovers	12	6	2	4	35	24	11	20
Petone FC	11	5	2	4	28	24	4	17
Waterside Karori	12	4	3	5	28	28	0	15
Miramar Rangers	12	5	0	7	26	31	-5	15
Stop Out	11	4	2	5	21	29	-8	14
North Wellington	12	1	1	10	14	44	-30	4
Whanganui Athletic	12	0	0	12	11	51	-40	0





# MATT KING

## PLAYER BIO

<b>Nickname:</b>	Kingi
<b>D.O.B / Age:</b>	20
<b>Place of Birth:</b>	Auckland
<b>Playing Position:</b>	Goalkeeper
<b>Right / Left Footed:</b>	Right
<b>Previous Clubs:</b>	McKendree University, Island Bay United, Wairarapa
<b>Honours / Trophies:</b>	NAGT Winner, U19 Team of the Tournament, Football Scholarship to McKendree

## QUICKFIRE QUESTIONS

**My favourite pro club is:**

Manchester City

**If I wasn't a footballer I would be:**

Playing Basketball

**One thing people may not know about me is:**

That my middle name is John

**The country I've never been but want to visit:**

Italy

**The item on top of my bucket list is:**

Travel Europe

**My favourite sports team growing up was:**

All Blacks

**Most underrated TV show is:**

Last Chance U

**Favourite day of the week is:**

Game Day

**Favourite place to dine out is:**

Niccolinis

**I was starstruck when I met:**

Fraser Kirby

**I've been told I look like:**

An Iron Golem

## Q&A SESSION

**What's your best football memory and why?**

Saving a last minute penalty against our school rivals to win the game

**Best advice you've ever been given?**

Imagine living your life knowing that you could, but didn't

**What do you often tell your players?**

Be patient and keep working

**What advice would you give any young players playing your position?**

Be brave and confident in yourself

**What is your pre-match routine?**

My pre-match routine is wake up and have a shower followed by some breakfast. If the sun is out I'll go outside and enjoy it for a couple hours. 3 hours before kick-off I will then have my lemon pepper chicken meal and relax before I head off to where we are playing.

**What are your goals and ambitions for the season?**

Come back healthy from injury and keep North Wellington in Central League

**How would you describe yourself as a Coach?**

A player that knows my strengths where I can help the team best but also know my weaknesses where I need to work on

**Who is the team you most look forward to playing?**

Miramar Rangers

**Toughest player you've played against and why?**

Paul Ifill because he is the only person to chip me multiple times

**What non-football accomplishment are you most proud of?**

Completing the motu challenge with my dad

**If you could go to dinner with any 3 people (past or present), who would it be?**

Speed, Ronaldo, Joe Rogan



# CENTRAL LEAGUE

## NORTH WELLINGTON 2023 FIXTURES

<b>H</b>	01	VS WESTERN SUBURBS	SAT 25 MAR	3.00PM	ALEX MOORE TURF
A	02	VS MIRAMAR RANGERS	SAT 1 APR	2.30PM	DAVID FARRINGTON
A	03	VS WHANGANUI ATHLETIC	SAT 8 APR	3.00PM	WEMBLEY PARK
<b>H</b>	04	VS WATERSIDE KARORI	SAT 15 APR	2.30PM	ALEX MOORE TURF
<b>H</b>	05	VS PHOENIX RESERVES	SAT 22 APR	3.00PM	ALEX MOORE TURF
A	06	VS WELLINGTON OLYMPIC	SAT 29 APR	3.45PM	WAKEFIELD PARK
<b>H</b>	07	VS PETONE FC	SAT 6 MAY	3.00PM	ALEX MOORE TURF
<b>H</b>	08	VS STOP OUT	SAT 20 MAY	3.00PM	ALEX MOORE TURF
A	09	VS NAPIER CITY ROVERS	SUN 28 MAY	2.00PM	BLUEWATER STADIUM
A	10	VS WESTERN SUBURBS	SUN 11 JUN	2.00PM	ENDEAVOUR PARK
<b>H</b>	11	VS MIRAMAR RANGERS	SAT 24 JUN	3.00PM	ALEX MOORE TURF
A	12	VS WATERSIDE KARORI	SAT 1 JUL	2.30PM	KARORI PARK
<b>H</b>	13	VS WHANGANUI ATHLETIC	SAT 15 JUL	3.00PM	ALEX MOORE TURF
A	14	VS PHOENIX RESERVES	SAT 22 JUL	3.00PM	FRASER PARK
<b>H</b>	15	VS WELLINGTON OLYMPIC	SAT 5 AUG	3.00PM	ALEX MOORE TURF
A	16	VS PETONE FC	SAT 12 AUG	3.30PM	PETONE MEMORIAL
A	17	VS STOP OUT	SAT 26 AUG	2.30PM	HUTT PARK
<b>H</b>	18	VS NAPIER CITY ROVERS	SAT 2 SEP	2.30PM	ALEX MOORE TURF

H = HOME A = AWAY

TOP 3 TEAMS AND WELLINGTON PHOENIX RESERVES (AUTO-QUALIFICATION)  
QUALIFY FOR NZ NATIONAL LEAGUE

# W-LEAGUE ROUND 09 PREVIEW



## FIRST TEAM FIXTURE



## TARADALE AFC vs NORTH WELLINGTON

Sunday 16th July, 11.00am Kick Off,  
Taradale Park

## OTHER FIXTURES

## RESULTS



**PETONE  
VS VICTORIA UNIVERSITY**

Saturday 15th July, 11.00am,  
Petone Memorial

-



**SEATOUN  
VS WATERSIDE KARORI**

Saturday 15th July, 12.00pm,  
Seatoun Park

-



**WELLINGTON UNITED  
VS PN MARIST**

Saturday 15th July, 12.30pm,  
Wakefield Park

-



# W-LEAGUE ROUND 08 REVIEW



## FIRST TEAM RESULT



## OTHER RESULTS



## LEAGUE TABLE

	P	W	D	L	GF	GA	GD	PTS
Wellington United Diamonds	8	6	2	0	27	3	24	20
Waterside Karori	8	6	1	1	26	9	17	19
Petone FC	8	5	2	1	23	9	14	17
Palmerston North Marist	8	3	1	4	18	17	1	10
Taradale AFC	8	2	1	5	18	24	-6	7
Victoria University	8	2	1	5	9	25	-16	7
Seatoun AFC	8	1	3	4	6	17	-11	6
North Wellington FC	8	1	1	6	6	29	-23	4



# W-LEAGUE SQUAD 2023



1

**SIMONE  
MCMANUS**

GOALKEEPER



4

**JAIME  
EDWARDS**

FORWARD



5

**MOLLY  
MILLS**

MIDFIELDER



6

**NIKOLA  
SZENTIRMAY-ROSS**

FORWARD



7

**MADDIE  
PORTEUS**

DEFENDER



8

**STEPH  
MCDERMOTT**

MIDFIELDER



9

**EVE  
MARTIN**

MIDFIELDER



10

**BETH  
WHITESIDE**

MIDFIELDER

# W-LEAGUE SQUAD 2023



12

**DEMI  
VILJOEN**

DEFENDER



13

**LUCY  
JURKE**

MIDFIELDER



14

**BELLA  
THOMPSON**

DEFENDER



15

**TAYLA  
BURDEN**

DEFENDER



16

**HAYLEY  
GOTLIEB**

DEFENDER



17

**JADE  
HEATHER**

MIDFIELDER



18

**ZENIA  
KUPIDARA**

MIDFIELDER

## PLAYER SPONSORSHIP AVAILABLE!

GET YOUR LOGO FEATURED ON SOCIAL MEDIA AND IN OUR MATCHDAY PROGRAMMES!

For more information, email Hugo Barber-Dale: [assistantclubmanager@northwellingtonfootball.com](mailto:assistantclubmanager@northwellingtonfootball.com)



NORTH  
WELLINGTON FC

WARRIORS  
by transdev



# DEMI VILJOEN

## PLAYER BIO

<b>Nickname:</b>	Hobbit / Pocket Rocket
<b>D.O.B / Age:</b>	25 Years
<b>Place of Birth:</b>	Pretoria, South Africa
<b>Playing Position:</b>	Centre / Fullback
<b>Right / Left Footed:</b>	Right Footed
<b>Previous Clubs:</b>	Bucklands Beach, Otago Uni, Western Suburbs
<b>Honours / Trophies:</b>	Narinda Kaur Award for Dedication to the club (Otago Uni AFC)

## QUICKFIRE QUESTIONS

**My favourite pro club is:**  
Manchester United

**If I wasn't a footballer I would be:**  
A swimmer!

**One thing people may not know about me is:**  
I don't do it often, but I love to perform on stage, right under a spotlight!

**The country I've never been but want to visit:**  
Italy - specifically Venice, before it sinks...

**The item on top of my bucket list is:**  
Visit the Great Wall of China - or to climb Kilimanjaro.  
Both would be unreal!

**My favourite sports team growing up was:**  
Wildcats ("getcha head in the game!")

**My favourite TV show character is:**  
Michael Scott from the Office

**Favourite place to dine out is:**  
The Greek Souvlaki food truck, or Nicolini's if I'm feeling fancy!

**I was starstruck when I met:**  
Jonah Lomu

## Q&A SESSION

### What's your best football memory and why?

Saving a penalty as goalkeeper, on the world's muddiest field, on the rainiest day of the year, for my high school team, to get us into the finals.

### Best advice you've ever been given?

If you fail to plan, you're planning to fail.

### What do your coaches often tell you?

"That's a fine" - Rachel Finlay

### What advice would you give any young players playing your position?

Be strong! Back yourself! You can see so much of the game from where you are, so keep the comms up and don't ball watch :)

### What is your pre-match routine?

Must have eggs on toast and a coffee - food is fuel!

### What are your goals and ambitions for the season?

Become a dependable and strong fullback that continues to play confidently from out the back.

### How would you describe yourself as a player?

Loud!

### Who is the one team you most look forward to playing each season?

Bring on Vic Uni this weekend!

### What non-football accomplishment are you most proud of?

Becoming a teacher! I love my job.

### If you could go to dinner with any 3 people (past or present), who would it be?

Little Demi (to tell her she's doing great) and both my Grandads.

### Any secret party tricks?

I know the lyrics to heaps of songs across several decades. I make a great karaoke partner!



Capital  
Football

## W-LEAGUE

# NORTH WELLINGTON 2023 FIXTURES

<b>H</b>	01 VS WATERSIDE KARORI	SAT 22 APR	12.00PM	ALEX MOORE TURF
<b>H</b>	02 VS TARADALE AFC	SAT 29 APR	2.30PM	ALEX MOORE TURF
<b>A</b>	03 VS PETONE FC	SAT 6 MAY	11.00AM	PETONE MEMORIAL
<b>H</b>	04 VS WELLINGTON UNITED	SAT 20 MAY	12.00PM	ALEX MOORE TURF
<b>A</b>	05 VS SEATOUN AFC	SAT 27 MAY	12.00PM	SEATOUN PARK
<b>H</b>	06 VS PN MARIST	SAT 10 JUN	12.00PM	ALEX MOORE TURF
<b>H</b>	07 VS VICTORIA UNIVERSITY	SAT 24 JUN	12.00PM	ALEX MOORE TURF
<b>A</b>	08 VS WATERSIDE KARORI	SAT 1 JUL	12.00PM	KARORI PARK
<b>A</b>	09 VS TARADALE AFC	SUN 16 JUL	2.30PM	TARADALE PARK
<b>H</b>	10 VS PETONE FC	SAT 22 JUL	12.00PM	ALEX MOORE TURF
<b>A</b>	11 VS WELLINGTON UNITED	SAT 29 JUL	2.30PM	NEWTOWN PARK
<b>H</b>	12 VS SEATOUN AFC	SAT 5 AUG	12.00PM	ALEX MOORE TURF
<b>A</b>	13 VS PN MARIST	SAT 12 AUG	11.30AM	ARENA TURF
<b>A</b>	14 VS VICTORIA UNIVERSITY	SAT 26 AUG	12.00PM	BOYD WILSON TURF

H = HOME A = AWAY

**MAMA**  
COACH SERVICES

# UPCOMING PROGRAMMES



REGISTRATIONS OPEN - Term 3

## Skill Centre/Fun Football

Join us In Term 3 for our Skill Centre and Fun football programmes we will be introducing a new programme and structure to these sessions focusing on skill development outcomes for kids!

Skill Centre Days: Tuesday 4:30pm - 5:45pm,

Skill Centre/Fun Football Wednesday 4:00pm - 5:00pm

Location: Alex Moore Park

Cost: \$80 for one session per week \$160 for two sessions per week

8 Weeks - Begins July 25th/26th - Finishes September 12th/13th



# VOLUNTEER OF THE WEEK



NORTH WELLINGTON VOLUNTEERS OF THE WEEK

# Molly Boyd-Smith



For supporting all TDP games and managing the scoreboard at all home games, your a star



# TDP VOLUNTEERS OF THE WEEK



ONSLOW/NORTH WELLINGTON TDP VOLUNTEERS OF THE WEEK

## Rajan and Charlotte

Rajan and Charlotte are our Team Managers for the U15's TDP sides, for 2023.

The club sent an U14's and a U15's side down to Christchurch for the Christchurch international cup.

Both Rajan and Charlotte did outstanding work to make it all happen, take care of the coaches and players while the teams were away.

On behalf of Hugo, Davor, The Parents and players we wish to extend a huge thank you for your dedication and efforts. This wouldn't of happened if it wasn't for you guys.





Capital  
Football

# UPCOMING COURSES

CHECK OUT THE RANGE OF UPCOMING CAPITAL  
FOOTBALL COURSES FOR **JULY!**

**FREE FOR ANY NORTH WELLINGTON COACHES  
WHO WISH TO ATTEND**



## YOUTH LEVEL 2 COACHING AWARD



SUNDAY 30TH JULY | 10:00AM - 3:00PM | \$60  
RAROA NORMAL INTERMEDIATE | JOHNSONVILLE  
REGISTRATIONS OPEN | [capitalfootball.org.nz](http://capitalfootball.org.nz)



# COMMUNITY COACHING NIGHT

FREE!

MONDAY 24TH JULY | 6:30PM - 8:30PM  
ALEX MOORE PARK | NORTH WELLINGTON  
RSVP | [connol@capitalfootball.org.nz](mailto:connol@capitalfootball.org.nz)



# JUNIOR LEVEL 2 COACHING AWARD



SUNDAY 23RD JULY | 10:00AM - 3:00PM | \$60  
RAROA NORMAL INTERMEDIATE | JOHNSONVILLE  
REGISTRATIONS OPEN | [capitalfootball.org.nz](http://capitalfootball.org.nz)

# NORTH WELLINGTON CLUB SPONSORS



The club would like to extend a massive thank you to the following sponsors who continue to generously show their support for our club. Please choose to support them where possible, in the same way they choose to support you here at North Wellington FC.

## SENIOR PREMIER TEAM SPONSORS



## JUNIOR SPONSOR



## DESIGN PARTNER



## PRINTING SPONSOR



**Interested in becoming a club sponsor? Great!**

For all sponsorship enquiries (senior, junior, club or player sponsorship), contact:

Hugo Barber-Dale; [assistantclubmanager@northwellingtonfootball.com](mailto:assistantclubmanager@northwellingtonfootball.com)





# NORTH WELLINGTON

- 1 Matt King
- 2 Zak Brown
- 4 Blake Chandler
- 5 Cam Wardlaw
- 6 Cory Vickers
- 8 Lachlan Macgregor
- 9 Alex Braakhuis
- 10 Joshua Zatorski
- 11 Louis Thomas
- 12 Henry Sinclair
- 13 Ryan Lee
- 14 Tommy Moon
- 15 Brennan Patchell
- 16 Miles Woodhall
- 17 Ali Nazari
- 18 Niko Bruce
- 19 Mick Reid
- 21 Ben Collins
- 22 Ben Hunt
- 23 Dion Keetley
- 40 Ben Collins

Head Coach  
Davor Tavich

Team Manager  
Hugo Barber-Dale

Assistant Coach  
James Prosser

Physical Trainer  
Rachel Finlay

Goalkeeper Coach  
Fraser Kirby



# WHANGANUI ATHLETIC

- 1 Matty Calvert
- 2 Charlie Meredith
- 3 Josh Lawson
- 4 Matt Bouzaid
- 5 Jake Simcox
- 6 James Satherley
- 7 Quinn Mailman
- 8 Jamie Clark
- 9 Ants Bell
- 10 Ryan Holden
- 11 Melvine Rumere
- 12 Shaan Stuart
- 13 Ethan O'Halloran
- 14 Jack Anderson
- 15 David Garner
- 16 Ben Huijs
- 17 Zac Farmer
- 18 Jordan Joblin-Hall
- 19 Ryan Donaldson
- 20 Thomas Cudby
- 22 Renzo Talavera
- 23 Perry Stewart
- 24 Josh Smith

Head Coach  
Matty Calvert

Team Managers  
Jordan Candish  
Matt Dorgan

Assistant Coach  
Jason Farmer

